

Empowering women of the college is the objective of the Women Cell of our college. The Women Cell encourages participation of girl students in various activities thus aims overall development of the women students in the college.

### WOMENCELL CORE MEMBERS OF THE COLLEGE

Name	Designation	Contact Number	e-Mail
Dr.Cini Kurian	Principal	9847734920	principal@alameencollege.org
Dr.Shaniba M.H	Coordinator ,Women Cell	9995139572	shanishajid@gmail.com

#### EXECUTIVE MEMBERS Student Office Bearers

NCUUO	int Onnot Dour		
Dilsha Haneefa	III B Com Tax	7306083073	Training /Cultural Wing
Krishnanjana T R	II B Com Tax	8139046165	
Sandra K Murali	III B Sc Computer	8593885903	
	Science		
Vafira Hanan	III B Sc Physics	9446996347	

Fathima PN	III B A Economics	9539034931	Volunteers -Promotion of 181 WOMEN HELPLINE
Aamira K K	III B Sc Physics	8943863493	
Sumi Sudheer	II B A Economics	9207291969	

### **Report of Woen Cell during the Academic year 2020-21**

#### **EXHIBITION& FOOD FEST 2022 MARCH 10**

It was a pleasant extravaganza when the Women Cell of Al Ameen College conducted a fantastic food fest on 10/3/2022 to ignite the spirit of entrepreneurship among our students as a part of the women empowerment initiative of the college. The Venue was College Auditorium. The main intention of this program was to create more support systems for women entrepreneurs while presenting the message that it is up to women to break away from stereotyped mindsets. The Principal inaugurated the food fest and exhibition at 2 pm in Auditorium. There were 12 stalls of varieties of food items and handmade products. Another attraction of the festival was the Mehandi Corner. Our girl students actively participated by making delicious foods with innovative methods. They made good profits and encouraged feedback. Participants, as well as visitors, enjoyed the fest and exhibition passionately. We had good sales for all products and garnered spontaneous appreciation from visitors to the entire management team. Girls were enthusiastic throughout the venture making this fest & exhibition an enormously successful event. Moreover, they proved competent as innovating entrepreneurs in the modern business world.







#### WOMEN'S DAY CELEBRATIONS 2022, MARCH 09

### TALK -BREAK THE BIAS –GENDER EQUALITY TODAY FOR SUSTAINABLE TOMORROW







The Women's Cell of Al Ameen College on International Womens' Day organised a motivating speech presented by Ms Thennal, former Announcer Akasavani and a singer. Dr. Cini Kurian, the Principal, presided over the programme. Dr.Shaniba MH, Coordinator, Women's Cell, welcomed the audience. The

main motive of this program was to enthuse and encourage girls to devise visions and goals to cope with the current dynamic world.

Today, women are considered an essential part of the society and modern business spectrum with the same pertinence as men in all aspects. Although women are actively participating in taking new ventures and challenges consistently & abundantly, they are facing challenges and discrimination in many spheres of life. There is a need for more encouragement and inspiration in achieving the complete target of stopping gender discrimination. The speech focused on strategies to overcome barriers and obstacles. With courage, determination, and hard work woman, can achieve great strides in their way forward and will become an asset to the family and the nation in general. The program highlighted various misinterpretations about women's empowerment and the active participation of women in present society. Miss Saliha, Student coordinator, of Women Cell, proposed a vote of thanks.

#### STREET PLAY AGAINST GENDER DISCRIMINATION ON 2022, MARCH 09

It is with keen intention to fight against gender discrimination in society and to raise the slogan of women empowerment that members of the Women Cell of the Al Ameen College organized and performed a street play at HMT Junction on 9/03/2022 at 1 pm. Today, although women enjoy freedom in the social and professional world to a limited extent, there is a need for more inclusion and acceptance to achieve the ultimate goal of complete empowerment. The street play aimed to motivate girls to become productive members of today's competitive world. They are an equally important member of society as men and form two sides of the same coin. Women need to be inspired to overcome stereotypical obstacles and face all challenges. The street play was one step in this direction. All the participants, as well as spectators, enjoyed the street play. The appreciation received is a motivation to continue with similar programs in future.

#### **Pledge**

I take this pledge in the name of my mother I will always treat all women with dignity and respect I will never physically or mentally abuse any women I will remain committed to the elimination of violence against women"



## POSTER EXHIBITION IN CONNECTION WITH "INTERNATIONAL DAY OF WOMEN AND GIRLS IN SCIENCE" ON 11TH FEBRUARY 2022

Department of chemistry conducted a flash mob followed by a poster exhibition show of 'Women Scientists' in connection with "International Day of Women and Girls in Science" on 11th February 2022. The function was organized for enlightening students on the contribution of women to the progress of society on a more interactive platform. All the staff members, as well as students, attended the session. Students of the department set up a banner to announce the campaign and organized a still model to demonstrate some of the important women scientists. A flash mob was conducted on the college campus by our students and after that, our students took a walk on the ground with the posters of women scientists. More than twenty women scientists were mentioned in the posters and their relevance was also mentioned there. Finally, the posters were exhibited on the college ground. All students from our college made use of this and were enlightened by the posters.

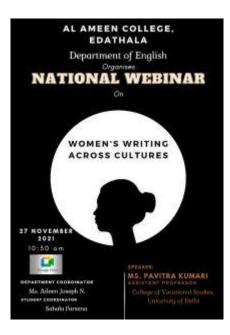




## NATIONAL WEBINAR ON WOMEN'S WRITING ACROSS CULTURES ON 27<sup>TH</sup> NOVEMBER 2021

The Department of English, Al- Ameen College organized a one-day National Webinar titled *Women's Writing Across Cultures on 27<sup>th</sup> November 2021*.

M.S. Pavitra Kumari, Assistant Professor of College of Vocational Studies, University of Delhi was the resource person of the program. The webinar hosted on 'Google Meet' started at 10:30 am with the welcome address by Mr. Viju P.V, Head of the Department of English. Cini Kurian, Principal, Al-Ameen College, delivered the presidential address. The session effectively supplemented the program, making it more rewarding and treasurable. The session ended with a round of discussion. The program came to a wrap, with the Vote of Thanks proposed by Ms. Aileen Joseph, Faculty of Department of English. The webinar was attended by around 94 participants.



# THE INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN TALK BY SURYA ISHAN ON 26<sup>TH</sup> NOVEMBER 2021



The women Cell, Al Ameen College in association with KSWDC has observed The International Day for the Elimination of Violence against Women on 26<sup>th</sup> November 2021, *Mindful Meditation with Surya Ishaan*, for combating all forms of discrimination and violence against women. Dr.Shaniba M H, Convener, Women Cell has extended a warm welcome to the audience. Dr.Cini Kurian , Principal presided over the programme. Mrs.Surya Ishaan, Member, Transgender Justice Board of Kerala and a well-known trans rights activist and TV actor, who doesn't hesitate to identify herself as a transgender addressed the students.Surya and Ishaan K Shan have become flag-bearers of the transgender community, as they are the first couple set to tie the knot in Kerala. She talked about the humiliation faced by transgender community in Kerala and how she overcame it. She knew it was not easy for a transgender to live a life in her own terms in Kerala as the state is still conservative in its approach to gender minorities. All members of these groups face severe discrimination and harassment in all respects in our society and they are subjected to many unfair treatments. She said that after a long years of battle to get own identity, winds of change are blowing all over, with transgender people gradually getting the acknowledgement after decades of societal stigma. Prof.Shahanoor Beegum, Women Cell Member proposed vote of thanks.

## WOMEN ENTREPRENEURSHIP DAY CELEBRATION-IF I CAN YOU ALL CAN ON 20<sup>TH</sup> NOVEMBER 2021

Entrepreneurship is an innovative and dynamic process, whereby, a new enterprise is created. An entrepreneur is a catalytic agent of change, which generates employment opportunities for others. But Entrepreneurship amongst women is a recent phenomenon. When an enterprise is established and controlled by a woman, it not only boosts economic growth but also has many desirable outcomes. So owing to the World Women Entrepreneurship Day Celebration, the Department of Business Administration has organized a

webinar titled "If I can, You All Can" on 20.11.2021 over the e-platform Google meet. Mrs. M V Bhagirathi, M.D, Ammus Foods Pvt. Ltd was the resource person of the session. The successful Journey of Bhagirathi Amma from a Bramin Housewife to Managing Director of Ammu Foods is an inspiration to all girls in our society. Her hard work, strong determination, and support from her family drove her to the path of success.

She started her venture in 2006 with a group of 10 housewives by producing Baby Food Products for ICDS. Within a short span of time, Ammu Foods has made a name for itself in the list of top suppliers in India. Recently they have come up with Nutritious Biscuits, which is an innovative product in their product line.

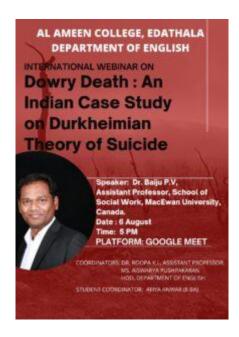
In her talk, she has explained the struggles that she faced from society during the initial stages of business. She also spoke about how she defended those barriers and the success mantra. Bhagirathi Amma asked the students to work hard to achieve their goals in their life. Finally, she motivated girl students by telling the fact that, as a Brahmin girl if she could achieve her success, then every girl in the society can make a remarkable change in the world.

Total of 110 students have attended the session. The program was coordinated by Mr. Iqbal KI (Faculty Coordinator), Mr. Muhammed Swalih (student Coordinator).



# INTERNATIONAL WEBINAR ON "DOWRY DEATH : AN INDIAN CASE STUDY OF DURKHEIMIAN THEORY OF SUICIDE ON 6<sup>TH</sup> AUGUST 2021

The department of English conducted a webinar on 6<sup>th</sup> August 2021 as part of sociology webinar series. The webinar began at 5pm in the evening. The resource person Dr. Baiju P V, Assistant Professor, Mac Ewan University Kerala discussed the topic, Dowry Death : An Indian Case Study of Durkheimian Theory of Suicide, shedding lights on the recent dowry deaths reported in Kerala. The programme began with the welcome address by Dr Cini Kurian, Principal. The introduction of the guest was carried out by Ms Afiya, Student coordinator. The resource person Dr. Baiju P V, also took much of his time to clear the doubts of the participants. Total of 80 participants took part in the webinar. The vote of thanks was given by Dr. Roopa K.L, Assistant professor of Sociology, Department of English. The programme ended at 6.30 PM.



#### WEBINAR ON 'GENDER AWARENESS' ON 26TH AND 27TH JULY 2021.

Child and Women welfare department of Kerala in association with Women cell, English department,NSS and NCC of Al- Ameen College organized a two day webinar on 'Gender Awareness' on 26th and 27th July 2021. The days were divided into two sessions handled my two prominent speakers. The morning sessions were handled by Dr.Sheeba , professor of SSU Kalady. She delivered a talk on the abuse and harassment against women, illustrating recent examples and urged the women community to stand up for their voice and fight against gender inequality.

The afternoon session of both days were handled by Adv Maya Krishnan, High court of Kerala. She briefed the participants about the various legal aids women can avail and also took the discussion through various sections and acts, providing awareness to the audience. Both the sessions were interactive and insightful. The students expressed their satisfaction on gaining vital details and

information regarding gender awareness. A total of 500 participants took part in the program over two days.



### PREMARITAL COUNSELLING COURSE 2021-2022



Premarital counselling course conducted by Minority Welfare Department, government of Kerala, was jointly organized by CCMY Aluva, Women Cell and Minority Cell of Al Ameen College, Edathala from 13 to 16 December 2021. The course was inaugurated by Panchayath president Smt. Preeja Kunjumon and was presided by ward member Sri. Afsal Kunjumon. Mrs. Hiba Rahman E, coordinator of college minority cell welcomed the gathering. CCMY Principal Mrs. Sulekha and Principal in Charge Mrs. Daly K R felicitated

the occasion. Dr. Shaniba M H, coordinator of women cell proposed the vote of thanks. The target group was PG students. The classes were conducted in two batches. The first batch consisted of 35 students. The morning session was from 9.30am to 12.30 pm and afternoon session was from 1.30pm to 4.30pm. A total of 8 sessions were conducted for both the batches on very relevant aspects of married life. On the first day, December 13th, forenoon session was handled by Shifa Thangal on the topic 'An introduction to married life' and afternoon session handled by Adv. Kunjumon on the topic 'Husband and wife relationship'. On December 14, forenoon session was by Dr. Bindu Philip on the topic 'Physiology' and afternoon session was by Akhilu Thomas on the topic 'In-laws relationship'. On December 15, forenoon session was by Adv. M K Haq on topic 'Budgeting' and afternoon session was by Dr. C S Ambika Devi on topic 'Parenting'. On the last day, December 16, forenoon session was by Adv. Shaijan Joseph on ' Marriage laws' and afternoon session was a group counseling session by Raseena Padmaja. Feedback was gathered for each session.

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