

Awareness Class on:

Sexual Harrasment

In association with



The National University of Advanced Legal Studies

Guest Speaker : Juby Maria Joy

Child Psychologist, Msc Clinical Psychology

Time: 10 am 24/04/21

+ SEXUAL HARASSMENT IS UNWELCOME VERBAL OR PHYSICAL ACTIVITY OF A SEXUAL NATURE THAT MAKES A PERSON FEEL OFFENDED, HUMILIATED, THREATENED, AND/OR INTIMIDATED.

EXAMPLES OF SEXUAL HARASSMENT

Physical Conduct

- . PATTING
- . PINCHING
- . STROKING
- . KISSING
- . HUGGING
- . PHYSICAL VIOLENCE
- . SEXUAL ASSAULT
- REPEATEDLY STANDING OR SITTING VERY CLOSE TO SOMEONE



Verbal Conduct

- SEXUAL COMMENTS
- SEXUAL STORIES OR JOKES
- ASKING FOR DATES REPEATEDLY AFTER REFUSAL
- * INSULTING BASED ON GENDER

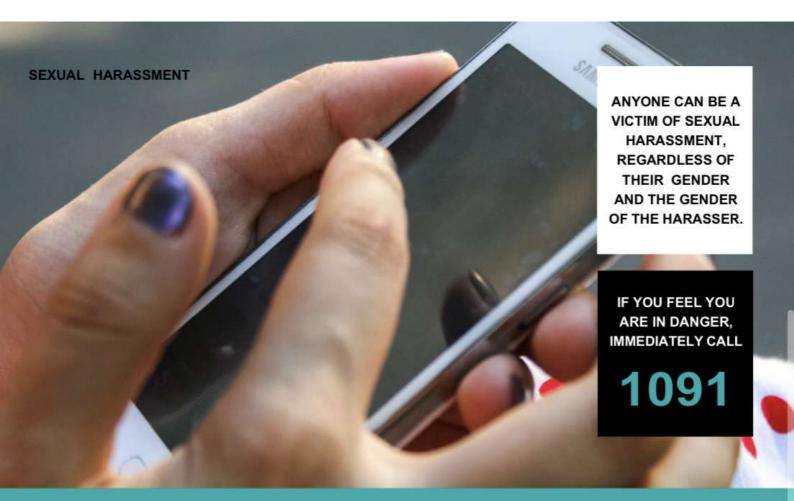


Non-Verbal Conduct

- SENDING MESSAGES THAT HAVE SEXUAL LANGUAGE OR IMAGES
- DISPLAYING SEXUAL PICTURES OR VIDEOS
- SEXUALLY-SUGGESTIVE GESTURES
- WHISTLING AT PEOPLE



The term "harassment" includes, but is not limited to, jokes, slurs, or other verbal, graphic, or other physical conduct relating to a person's race, color, sex, religion, national origin, citizenship, age, or disability.



WHAT TO DO IF YOU ARE A VICTIM OF SEXUAL HARASSMENT

IF YOU FEEL YOU ARE A VICTIM OF SEXUAL HARASSMENT, HERE ARE SOME STEPS YOU CAN TAKE:

- . IF YOU FEEL SAFE DOING SO, TELL THE PERSON TO STOP
- KEEP A WRITTEN RECORD OF ALL INCIDENTS
- CAPTURE SCREENSHOTS OF TEXT MESSAGES OR IMAGES SENT TO YOU
- TELL YOUR CLASS COORDINATOR SO THEY CAN HELP YOU
- REPORT THE BEHAVIOR TO YOUR INSTITUTION HEAD
- TALK TO SOMEONE IN THE CELL (IF THERE IS ONE)
- ASK A FRIEND OR CLASSMATE FOR SUPPORT
- TRY TO AVOID BEING ALONE WITH THIS PERSON